Carlisle Boys' Volleyball

Player Expectations

Our behavior and conduct impacts not only ourselves, but our teammates and the team as a whole. We will seek to conduct ourselves in a way that will promote excellence in the Carlisle Boys' Volleyball Program. To achieve that goal, all players must agree to adhere to the expectations listed here:

- School District Rules/Policies:

I agree to follow all Carlisle Area School District policies and rules throughout the season. These include, but are not limited to: Attendance and tardiness guidelines; grades and academic standards; smoking; use of alcohol or illegal drugs; any type of illegal behavior; etc. Failure to follow these will result in school-imposed consequences as well as any consequences related to the team as decided on by the coaching staff and/or Athletic Director.

- Attendance at Team Events:

I will help the team by attending and being on time for all practices, matches, tournaments, and team events. If I will be late or unable to attend any of these, I will notify the coach ahead of time with a message or email. My parent(s) will also be aware of the situation. Plan ahead to avoid conflicts and please make every attempt to schedule doctor, dentist, and appointments at other times.

Conflict criteria

- Can you reschedule it? (tutoring/group work session)
- Missing practice time may affect your playing time in games

In an effort to promote team unity I will travel to and from matches and tournaments with the team. If it is absolutely necessary to travel with my parents, I will have written permission signed by a parent/guardian and a school administrator at least 24 hours in advance.

- Behavior on the Court

During matches and practices, I will conduct myself respectfully. Any disrespectful behavior towards referees, opponents, coaches, fans, etc. is inappropriate and does not promote excellence in our program.

I agree to use encouraging and positive talk and body language at all times with my team. Verbal and non-verbal disrespect, as well as inappropriate language are not acceptable on this team. It is my job as a member of the team to **support my fellow teammates regardless of my role on the team.**

- Communication with Coaches:

I know my health and well-being impacts my team. Therefore, I will report *any* injuries immediately to the coach and be seen by a trainer. **I will still attend practices and other team events when injured, unless directed otherwise by the coach or trainer.** Routine visits to the trainer for icing, taping, etc. will be done prior to the beginning of practice.

I understand that the coaches are doing the best they can for the Carlisle Boys' Volleyball Program and our team. I will abide by their decisions related to playing time, lineups, etc. even if I do not agree with them. I will schedule an appropriate time to discuss any concerns with the coaching staff.

Progression for discussing concerns with coaches:

- 1. Player meets with coaches
- 2. Player, parent(s) meets with coaches
 - Any meetings with parents will include the player as well, and must be scheduled with the coaches.

Failure to follow any of these expectations may result in consequences related to the team as decided on by the coaching staff and/or Athletic Director. This could include, but is not limited to, loss of playing time, suspension, or expulsion from the team.

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